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Nurturing the Shy Child provides parents, teachers, guidance counselors and other concerned adults with the latest information and practical tools that they need to help shy and socially anxious kids. This book covers the entire shy spectrum-from shyness in only certain situations to social anxiety disorder-and provides proven methods adults can use to ease the child's discomfort, tailored to ...

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Unlike other books on shyness, Nurturing the Shy Child also offers much needed information on problems that can go along with shyness and social anxiety, including depression, school anxiety, separation anxiety, excessive worry, selective mutism, and more.

Nurturing the Shy Child eBook by Barbara Markway

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With the right kind of care and attention, every child has the chance to overcome his or her shyness.

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This book is a good resource for parents who worry that their child's shyness is more than just a passing phase. Written by two expert psychologists, this book outlines the latest information about social anxiety in children and teens, offers practical guidance on how to help and long-overdue hope.

Nurturing the Shy Child (hardcover) « Selective Mutism

Nurturing the Shy Child provides parents, teachers, guidance counselors and other concerned adults with the latest information and practical tools that they need to help shy and socially anxious kids. This book covers the entire shy spectrum-from shyness in only certain situations to social anxiety disorder-and provides proven methods adults can use to ease the child's discomfort, tailored to specific ages and levels of anxiety.

Nurturing the Shy Child: Practical Help for Raising

Unlike other books on shyness, Nurturing the Shy Child also offers much needed information on problems that can go along with shyness and social anxiety, including depression, school anxiety, separation anxiety, excessive worry, selective mutism, and more.

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